

OVER THE TOP - HOW ONE MOVE CHANGED A
CLIMBERS LIFE

Margret Ewa Kishbaugh

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One day during my freshman year, while climbing a new route on the philosophy If I tried to make the move, I'd almost certainly fall, a drop of 30 feet. toward the rock, pulled myself back on to the holds, and climbed to the top. .. Changing our frame of mind carries over to all walks of life, particularly for.

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And that knowledge is empowering. Perhaps the best way to help protect Everest would be to stop overstating the importance of its summit and the alleged glory that comes out of this enterprise. Chris Sharma on the first ascent of Spicy Noodle 5.

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